

## **Nahla Harik-Williams, Ph.D.**

### ***Associate Professor, Social Sciences***

Dr. Nahla Harik-Williams has been teaching at Cuyahoga Community College since 2000, and has also taught at John Carroll University and the University of Akron. A Clevelander for many years, Dr. Harik-Williams earned a BA in psychology from Case Western Reserve University, and her MA and Ph.D. in Counseling Psychology from the University of Akron.

At Tri-C, Dr. Harik-Williams teaches General Psychology, Abnormal Psychology (on-campus and web-based), Psychology of Personality (on-campus and web-based) and Cross-Cultural Competence for Health Care Providers. She regularly presents to the Psychology Club and community audiences. Dr. Harik-Williams is an enthusiastic presenter and has lectured on various topics related to psychology, clinical work, diversity and multiculturalism and the education of college students, both here at Tri-C, at other colleges and at several national conferences.

Dr. Harik-Williams has several years of clinical experience working with college students at university counseling centers and in private practice, where she specialized in the treatment of eating disorders. Her areas of clinical expertise include issues of immigrants and international students, college students in general, treatment of anxiety, women's issues and eating and body image concerns.

Her hobbies include reading, gardening, cooking, jewelry making and music. She performed with the Cleveland Orchestra Chorus for many years, but recently, hobbies have taken a back seat to her 3 young children.

#### **Speech Topics:**

- Appreciating Cultural Diversity
- Cross-Cultural Adjustment
- Diversity Issues
- Choosing a Career in Psychology
- Counseling Theory and Practice
- Eating Disorders and Women's Issues
- Individual and Group Therapy
- Mental Health
- Psychological Disorders and Their Treatments
- Psychology